

27TH FEBRUARY  
2026



# Weekly News-sheet



10:30am  
29<sup>th</sup> February  
Andy Nightingale



3pm  
Messy Church



Copies of our Annual Report on 2025 will be available in church this Sunday. Many thanks to Sue Sisk and Martin Harriss.



Thursday mornings 9:30am-10:30am  
5 Thursdays from 26th Feb through to 26th March

Based on **Be Still: A Simple Guide to Quiet Times**, the new book from Brian Heasley. The Be Still series will equip you and your community to learn how to develop a regular rhythm and deeper daily relationship with God.

can be accessed in two ways:

1. doing the course in a group - via Zoom:
2. doing it by yourself in your own time:

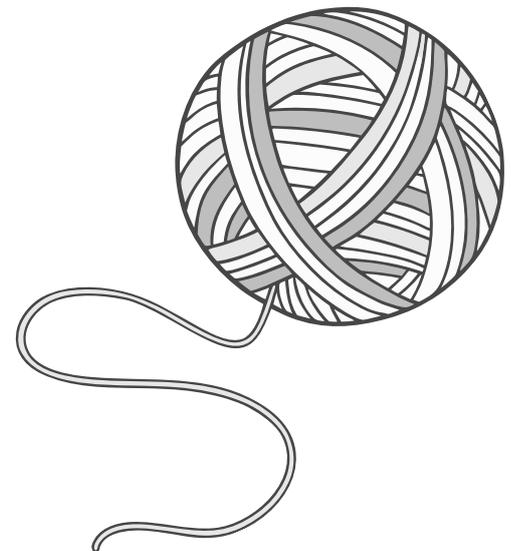
**(see direct links in the email)**

or a mix of the two!!

You would be very welcome to any or all of them!

Sawston Free Church Craft Group will be meeting on Mondays 2nd & 16th & 30th March 2026 in Footprints Cafe 10.00 - 11.45am

Bring along a craft to work on or just come and enjoy the chat  
Drinks Available  
Further Information from Yvonne Sparrow  
Mobile: 07849 840189



**PLEASE EMAIL THE EDITOR WITH ANYTHING YOU WOULD LIKE INCLUDED NEXT WEEK AND WITH ANY ADDITIONS TO THE MAILING LIST.**

# SAWSTON FREE CHURCH PRAYER PAGE



## Five Names, Five Spaces

Pray for five people you know to find their place at Sawston Free Church.

This week, I hold before God:

- 1.
- 2.
- 3.
- 4.
- 5.

*God of welcome and widening grace,  
hold these five in your attentive love.*

*Go before them in conversations, in  
questions half-formed and hopes half-  
hidden.*

*Shape us into a community  
where belonging is discovered gently  
and faith can grow without fear.*

*Amen.*

***This week, pray for courage to invite,  
humility to listen,  
and eyes to notice who God is already  
drawing close.***

“

*Prayer is how we  
allow love to have  
the first and last  
word.*

”

## A morning prayer



God of new beginnings,  
I place this day into your hands.  
Walk with me through its ordinary  
moments, its interruptions and small  
opportunities.  
Give me patience in what unfolds slowly,  
courage in what feels uncertain,  
and eyes to notice where love is already  
at work. Amen.



## A mid-day prayer



Steady and faithful God,  
I pause in the middle of this day.  
Gather my scattered thoughts,  
soften what has become tense within  
me, and quiet the noise that crowds  
my spirit.  
Renew my strength for what remains,  
and return me to the simple work of  
love. Amen.



## A night prayer



Gentle God of mercy,  
I lay this day before you.  
For its kindnesses and small joys,  
I give thanks.  
For its failures and frustrations,  
I ask your healing.  
Where I have fallen short, forgive me.  
Where I have tried my best, receive it.  
Hold me in your peace  
and grant me deep and trusting rest. Amen.



# WORLD DAY OF PRAYER

A service for everyone!

# Friday 6 March

*I will give you rest, come*

# Nigeria 2026

The churches of Sawston invite you to  
Our Lady of Lourdes Catholic Church Hall,  
135 High Street, SAWSTON, Cambridge CB22 3HJ  
car-parking

Refreshments, Activities from 12.15

Service at 1pm, prepared by women of Nigeria

[wwdp.org.uk](http://wwdp.org.uk)



**INFORMED PRAYER PRAYERFUL ACTION**

24-7 365 Days a year Prayer movement Ecumenical International Women-led

[wwdp.org.uk](http://wwdp.org.uk)

Registered Charity Number 233242

***An invitation to come and celebrate the World Day of Prayer, 6th March, at OLOL parish hall.***

The Sawston Free Church, **St Mary's Church, Our Lady of Lourdes** & St John Fisher parish are joining together and invite you to take part to a women-led, global ecumenical event: a great wave of prayer, involving 146 countries and following the service written by Nigerian women.



The service will also include 4 stories by 4 Nigerian women who speak about their life experiences.

For the day, we will have **our special speaker, Chi-chi Nwanoku:**

an acclaimed double bassist, a Professor at the Royal Academy of Music, a BBC broadcaster and champion of diversity in classical music, founder of Chineke! who has been appointed both an MBE and an OBE for services to music.

Her connections with our area go back to the times when she studied at the Anglian Ruskin University, formerly known as Anglia Polytechnic University (APU) and received the title of Honorary Doctor of Music by the University of Cambridge.

Ms Nwanoku will share with us her personal life experience and how her Nigerian background and family history have shaped and influenced her life path, who she is and what she has achieved.

The World Day of Prayer gathers people from communities across the globe; by making this service available worldwide, it reaches out and touches the minds and hearts of many; we will share hopes, fears, joys and sorrow, opportunities and needs.

In this way the burdens become light as we all find rest.

Don't miss this opportunity! And spread the word!

**Refreshments** will be served **from 12:15** in the hall (African food included!) and the **service will start at 13:00.**

See you there! the Sawston Churches.

**JOIN CAMCRAG AND CAMBRIDGE CITY  
FOODBANK AT ST GILES' CHURCH, CASTLE ST**

**SATURDAY MARCH 7<sup>TH</sup>**

**NOON-4:30PM**

# Spring Fair

There will be books,  
vintage clothes,  
activities for children,  
raffles and more!



We will be joined by Cambridge Jazz  
Choir and other live entertainment!

**COME HELP RAISE MONEY FOR THOSE  
IN NEED IN CALAIS AND CAMBRIDGE!**

**CAMBRIDGE  
CONVOY  
REFUGEE  
ACTION GROUP**

In partnership with  
**Cambridge City  
Foodbank**

# ROYSTON CHORAL SOCIETY

*Musical Director - Andrew O'Brien*

Season 2025/2026

Journeys by Sea  
& in Spirit

Brahms

Ein deutsches Requiem

&

Stanford - Songs of the Sea

Nina Bennet - Soprano

Gareth Brynmor John - Baritone

East Herts Sinfonia

**SATURDAY 28th MARCH 2026 7.30pm**

*St John the Baptist, Royston, SG8 9LG*

Tickets £20 - Students £5 - Under 18s £1

Available from: [www.roystonchoral.co.uk](http://www.roystonchoral.co.uk)

Tel 01920 822723, a choir member, or on the door.

Registered Charity No. 1030000