

# CONTACT

## October 2017



Volume 58 - Issue 10  
Sawston Free Church – Little Abington URC – Castle Camps URC

**Sawston FC Regular Church Activities** but please check diary below for full details or contact the relevant group.

Sunday	Every Sunday 1 <sup>st</sup> Sunday of month  2 <sup>nd</sup> Sunday of month  3 <sup>rd</sup> Sunday of month 4 <sup>th</sup> Sunday of month 5 <sup>th</sup> Sunday of month	10.30 am 3.00 pm  10.30 am 6.00 pm 6.00 pm 6.30 pm	Morning Worship Messy Church <b>No evening service</b> Holy Communion as part of Morning Worship Quiet Time with God Evening Communion Go4th Praise Service ( <b>No evening service</b> )
Monday	Alternate - see diary	10.00 am	Craft Group
Tuesday	Term time only	6.15 – 9.00 pm	Boys' and Girls' Brigades
Wednesday	Fortnightly see diary	2.00 pm	Wednesday Fellowship
Thursday	Term time only	10.30 – noon	Time for Tots
Saturday	Last Saturday of month	10.30 am	Monthly Prayer Meeting
For further details of these activities, please contact one of the Elders (see back page). Four housegroups meet regularly. For information contact the Minister or Church Secretaries.			

### Three Churches Services and Dates for Your Diary

Date	Sawston	Lt Abington	Castle Camps
<b>Sun 1 Oct</b>	10.30am: SOGR & Brigades Enrolment - Faith Paulding 3pm: Messy Church	10.15am: Morning Worship - John Luke	10.30am: Harvest Festival & Communion – Paul Whittle 6.30pm: Harvest Songs of Praise - Rev Bruce Waldron
<b>Sun 8 Oct</b>	10.30am: Communion -Rev Sam White 6pm: David Lloyd	10.15am: Morning Worship - Daniel Ellis	10.30am: Morning Worship - Mark Hayes
Mon 9 Oct t	10am: Craft Group (page 15 )		
Wed 11 Oct	2pm: Wednesday Fellowship (page 15)		
<b>Sun 15 Oct</b>	10.30am: Harvest Thanksgiving - Rev Bruce Waldron 6pm: Evening Communion - Rev Bruce Waldron	2.30pm: Communion - Rev Bruce Waldron	10.30am: Family Service - Penny Flynn
<b>Sun 22 Oct</b>	10.30am: Morning Worship - Rev Dr Mike Wilson 6.30pm: Go4th - Waldron / Purdy	10.15am: Morning Worship - Faith Paulding	10.30am: Morning Worship - Rev Norman Setchell
Mon 23 Oct	10am: Craft Group (page 15 )		
Wed 25 Oct	2pm: Wednesday Fellowship (page 15)		
<b>Sun 29 Oct</b>	10.30am: Morning Worship - David Lloyd	10.15am: Morning Worship - Peter Salmons	10am: United Service – All Saints - Rev Ian Fisher & Rev Bruce Waldron

This diary appears on the website. If you know of anything else you would like on the web diary, email: [contact@sawston.com](mailto:contact@sawston.com)

### Rotas

	Car	Flowers		Car	Flowers
October 1	John Newton 562873	Julie Robinson	October 22	John Newton 562873	Pam Moss
October 8	Tony Moss 834220	Dawn Haughton	October 29	Gordon Heald 833983	Anne Nunn
October 15	John Conway 833953	Dawn Haughton			

The closing date for November Contact is Friday 13<sup>th</sup> October.

David Nunn is the editor , so please email your items  
to [contact@sawston.com](mailto:contact@sawston.com) or [anne.nunn@btinternet.com](mailto:anne.nunn@btinternet.com)

# Contact

The monthly magazine of  
**Sawston Free Church, Little Abington & Castle Camps URC's  
United Reformed – Methodist**

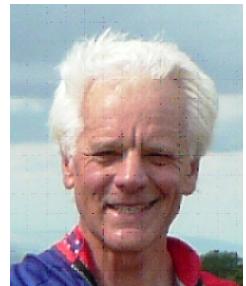
Minister: Rev. Bruce Waldron, the Manse, 3 High Street, Sawston, CB22 3BG  
Tel: 01223 836786 or 07814 920187 Email: [revbruce@sawstonfreechurch.org.uk](mailto:revbruce@sawstonfreechurch.org.uk)  
[www.sawstonfreechurch.org.uk](http://www.sawstonfreechurch.org.uk)  
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## From the minister's Desk

The United Reformed Church is embarking on a time of thinking and praying around the theme "Walking the Way: Living the life of Jesus today."

It's a theme worth considering for Christians because at our baptism, in St Pauls words, we "Put on Christ" (Romans 13), we are to die to self and be alive in Christ (Romans 6), we are "ambassadors for Christ." (2 Corinthians 5:20). The metaphors go on and on but they all convey this thought. Paul assures his readers that Spirit of Christ is alive in them. He urges us to be like Christ. Our very bodies are, in St Paul's words, a temple of the Holy Spirit, which is another way of saying the Spirit of Christ, or the Spirit of God. It's all the same thing, and it all boils down to followers of Jesus striving to be "in the image of Christ". In 1 Corinthians, he says "We have the mind of Christ." He calls his readers to be imitators of Christ. In Chapter 6 he writes "Do you not know that your bodies are members of Christ?"



**St Paul urges us to be like Christ whose spirit is in us.**

This fits really well with our current set of themes, running through each month, of being stewards of God's resources. In the parable of the faithful and unfaithful stewards, Jesus implies that if we are trustworthy in small things, God will entrust us with greater things. (Matthew Chapter 25) As Faith Paulding's article spells out, in September we are looking at being stewards of justice. But we need to think very carefully what that means.

### **Justice, for Jesus, isn't the same as justice in popular thinking.**

In popular thinking, justice is tit-for-tat, or a fair go, or just desserts. Justice, Jesus' way, is a driving compassion and care that wants only one thing, that we will be freed from all the things that destroy and kill the heart and soul, and restored to what God wants us to be like. So that passion is not about tit-for-tat at all. It goes way beyond what's fair. It prays for the people doing the crucifying. It loves the enemy. It does good to those who do evil. It wants salvation, or wholeness, or healing, or all three, however you interpret them, for all of God's creation and it is passionate about it. That's God's justice. It's coming from a very different place to common folk-lore justice, or legal justice, or the kind of "justice" that's about revenge and payback or penalty.

So, how are you going being a steward of that kind of justice? It's a tough call and it takes the impetus and passion of Christ's Spirit. I do hope that's real for us all. If it is, we'll be making a difference.

The URC have sent us some prayers, and I'd like you to have access to October's prayers so I've put them into Contact in our Prayer Diary. ***I hope you can use each week's focus to shape and direct your own prayers.***

## **STEWARDS OF GOD'S RESOURCES - Peace**

**Stewardship is about the relationship between Christian living and Christian giving.**

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*God gives peace such as the world cannot give.*

*Our response is to be active peacemakers.*

The Christian vocation of peacemaking is a crucial part of faithfully following Christ and a vital contribution the church makes to the earthly peace that is a basic human necessity for all people and nations.

Peacemaking is not just about avoiding wars. Conflict begins on a small scale: within families, between neighbours, in churches, in schools and workplaces, among local religious and ethnic groups. They frequently arise from injustices within such relationships, and for this reason addressing injustice is a key component of peacemaking. The lives of Christians should be distinctive in working to establish just and peaceful relationships between those among whom they live and work. This will not be a life free from conflict: conflict is an inescapable feature of human living and can often be unavoidable to bring necessary change. Peacemaking does not mean passivity, or acquiescing to injustice: it means being active in creating and maintaining right relationships. It means day to day care to deal rightly and considerately with a child, or parent, or sibling, or spouse, or friend. It means not joining factions within churches but finding a common ground on which differences can be discussed, and working for understanding in differences within and between denominations. On a larger scale, peacemaking means engaging in political campaigns and debates in support of policies that offer a realistic alternative to vicious cycles of hostility and fear. It means working internationally to combat economic and social threats to peace, such as poverty, infectious disease and environmental degradation. On a small scale of individual relationships, through to the large scale of relationships between nations, most people are able to live in peace with one another most of the time. The sustaining of such relationships is a basic part of Christian peacemaking.

Fostering peaceful relationships also has an environmental dimension. Individual Christians and churches can work to limit their ecological footprint through careful use of energy and care of buildings as well as with their use of transport. Issues of environmental concern and of global injustice go hand in hand.

There are times when the strength of relationships is not adequate for the pressures they are subjected to, and individuals or communities become locked in conflict. There is then a second task of peacemaking: that of acting to resolve conflicts. In this context some forms of conflict are a necessary stage to a just peace; this task of peacemaking may be on a small scale or a large scale. It may take the shape of overcoming hurt in order to initiate reconciliation with a close family member, or it may be represented in UN sponsored inter-governmental talks over a border dispute. It requires particular skills: patience in listening to the concerns of different parties, creativity in finding ways to enable the challenging ‘truth-telling’ that allows groups to acknowledge the suffering of others, wisdom in devising possible resolutions that promise benefits to each side.

Alongside attempts to resolve conflicts, there may be a need to take measures to prevent the conflict expressing itself in violence, or preventing an existing violent conflict from widening or intensifying. Here the peacemaking task is that of physically separating opposing parties, and taking steps to maintain law and order.

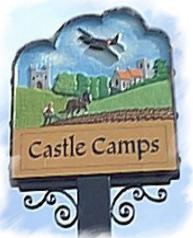
Peaceful living in the midst of a violent world is possible only in the hope that the realization of peace between the nations is in God’s hands. When Jesus Christ confronted the political and religious powers of his day, he rode on a donkey on fulfilment of the prophecy of Zechariah that a new king would come who was ‘righteous and having salvation, gentle and riding on a donkey’, who would proclaim peace to the nations, and whose rule would extend from ‘sea to sea, from the river to the ends of the earth’ (Zechariah 9:9-10, Matthew 21:5).

*Reproduced from: ‘Peacemaking: A Christian Vocation’*

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***Faith Paulding***

## Messages From Castle Camps and Lt Abington



As we are writing this, the schools are back. Although the sunshine took some time to arrive, it did in the end and we enjoyed some lovely sunny days. Most of the crops are gathered in and the fields are ploughed.



We were very interested in the article in the August edition of Contact by Captain John Dodsworth of Abington URC regarding Merchant Navy Day on Sunday 3<sup>rd</sup> September. We borrowed a Red Ensign and flew it on the day, albeit from the scaffolding surrounding the porch. In the service, we read "Look out to sea and say a prayer."

Alan Hardy comments "Having been born and raised in Liverpool, and having had a career as a marine underwriter, as well as a yottie, I have a great affinity to the Merchant Navy". It was a very moving service and we should like to thank Rev. Michael Wilson.

The scaffolding mentioned in the previous paragraph had been put up for the painting of the chapel including the bell tower and we should like to thank Geoff Ager for his efforts.

As part of The Harvest Weekend at the Haverhill URC they were holding a Scarecrow Festival and we should like to thank Ernest, Kitty & Elizabeth Spencer for entering one on our behalf.

We were very sad to hear that Rita Cottage had passed away after a long illness. Rita always attended our Songs of Praise and she will be missed. We send all of her family love at this difficult time.

Another sad message; we have just heard that Sara Hall (nee Haylock) has just passed away after a short illness. This is tragic news for the family and our thoughts are with them.

We send our best wishes and God's blessing to you all.

Everyone is very welcome to join us at our Harvest Festival Songs of Praise.

Mary and Friends.

## Seasons

*First appeared in September 2005*

As I sit here stoning plums I use the time as thinking time. I am actually quite pleased to have a sit down on my own with no one else about. I enjoy watching the birds in the garden and have noticed how tatty our resident Robin is looking lately and several Blackbirds are a bit worse for wear. Like us, bringing up a family has taken a toll on our winged friends.

The seasons of the year are very like the seasons of our lives. In the springtime of our lives we are born and grow rapidly. Our welfare is mostly our parent's responsibility until we reach adulthood. We then have to feed and provide for ourselves.

The summer of our lives is taken up with making our way in the world, rearing children and establishing ourselves. Like the birds we are often frazzled as a result of the competition and effort required to make our mark and provide for our offspring.

Autumn finds us reaping the rewards of our efforts. Like the garden everything comes to maturity and we can enjoy the fruits of our labours. But there are signs that our leaves are turning yellow (or grey). Our branches creak a bit and we are preparing for winter.

In Winter the leaves fall from the trees but as a result we can see further and more clearly. The cleansing cold winds scour the wonderful winter skies and show us the most astonishing winter sunsets. The winter night skies are the most amazing, mysterious, star studded vaults, so humbling in their immensity.

We are all part of this ceaseless ordered round. When we die the care we have put into teaching and nurturing our children is a good investment. The love we show to others is never wasted. Joy is a coat to warm our souls, and praise is the outpouring that keeps us whole.

Nature has thought of everything.....

*Valerie Spencer*

*"You know that your bodies are parts of the Body of Christ  
... so use your bodies for God's glory. 1 Corinthians 6: 12-20*



Bless my hands, Lord,  
May they be put to good use and not wasted idly.  
May they work hard and honestly  
Yet still grasp every opportunity to stroke and caress.  
May they never be raised in violence.

Bless my feet, Lord.  
May they always walk on hallowed ground.  
May they not run away in fear but plod courageously on.  
May they never wander off your courageous path.

Bless my eyes, Lord;  
May they see beyond the masks so often worn  
And look deeply into the soul.  
Help them to drink in the beauty of the sunrise and sunset,  
The shimmering sun dancing through the waves.  
May they marvel at the brilliance of tiny jewel-like snow crystals  
Glistening in the moonlight.  
May they see into the hunger, suffering and injustices of the world.  
Help me to know when to open them and when to look away.

Bless my ears, Lord,  
That I may always hear the real message of what is being said.  
Grant my ears the wisdom of knowing what to cherish  
And what to reject.  
Thank you for the gift of hearing – the communication it enables –  
The music which inspires my soul  
and the pain which moves me to compassion.  
Thank you for the gift of silence, a calm to my soul.

Bless my mind, Lord  
May it always feed and grow on your holy word  
And consider all things from your godly perspective.

**Sue Bloomfield**

On 29th October Daphne will celebrate her birthday. The part you play in our congregation is vitally important and very much appreciated and we ask God to richly bless and strengthen you.

**Lynne Riecansky**



## Prayer Diary for October

**Walking  
the Way**  
Living the life of Jesus today

Prayers for 1<sup>st</sup> to 8<sup>th</sup> October: **Manual, Retail, Catering and Hospitality workers.**

- **Monday:** Thinking of those in Manual work

Living God, we thank you for the opportunity to work with our hands and our minds. We thank you for the example of your Son Jesus, whose early life was shaped by manual work as a carpenter. We pray for all those in the manual trades in our country. We pray for their safety on site and care and pride in the work they do each day building and enabling others to have comfort, heat and light. Help us to remember them and thank God for them. In Jesus' name. AMEN

- **Tuesday:** Thinking of those working for justice in the workplace

Loving God, we bring before you all those seeking justice for those in work, and those seeking permanent work without the fear generated by zero-hour contracts and unfair employers. May your justice be shown as you lift up the humble and feed the hungry with good things. Help us to work for justice in our workplaces and our country each day. In Jesus' name. AMEN

- **Wednesday:** Thinking of those in the Retail trades

Caring God, we pray for all those who serve us in our shops and stores. Give them strength and enthusiasm to fulfil their tasks each day. We ask for patience and generosity of spirit for those customers who may be difficult to deal with and care for those who may need extra time to decide. Give them the skills to work as a team and the humility to ask for help when it's needed. In Jesus' name. AMEN

- **Thursday:** Thinking of Management, HR and Chaplains

Understanding God, we pray for all those in authority in our workplaces and for those who work to help the workforce cope with life and all it throws at them. For management and the decisions they must make, the Human Resources team who make sure the staff are looked after and those workplace Chaplains working to assist when life gets tough and workers need spiritual help. In Jesus' name. AMEN

- **Friday:** Thinking of those in the Catering trades

Generous God, you give us all we need to live our lives. We pray and thank you for all those who work preparing the food we buy in supermarkets and cooking and serving us in cafés and restaurants. We thank you that their skills and knowledge are used to turn ordinary ingredients into tasty, nourishing meals and snacks. May they feel appreciated and valued as we move through their workplaces eating and drinking alongside so many other customers each day. In Jesus' name. AMEN

- **Saturday:** Thinking of rest from work

Creator God, thank you for your example of a day of rest each week. Help all those who are tired after a week's work to relax and have recreation time whether they have a 9 to 5 job or shift work. May they take time to break away from the working week and take time to just be themselves, recovering and gaining strength from time off. May they return to their work refreshed and ready to do their job efficiently and with pride. In Jesus' name. AMEN

- **Sunday:** Thinking of those in Hospitality, out of hours and shift work.

Provider God, we know that there are people working in the Hospitality industry, Hotels and Holiday Villages, Service Stations, Airports and other places where 24 hour service is required. We thank you for all those who have to work shifts, night workers, drivers and others and we ask you to give them strength to do it and enjoyment in doing it. We pray for their health and their safety in the night hours bringing them home safe each morning. In Jesus' name. AMEN

**East Midlands Synod**

## Race and Interfaith Relations

- **Monday October 9th**

**Read: Luke 10: 25-28**

Lord, it's Love I do not understand so show me please what it means. I know who my neighbours are: some are black, some are white; some are strong, some are weak; some are young, some are old. I know who my neighbours are: It's LOVE I do not understand so please show me what it means so that when I know it for myself I'll find something in my heart that I can share.

**Read: Luke 10: 29-37**

Lord, I had FAITH that you would stop in my time of need, but you walked on by and left me there. Then my last HOPE passed me by and I thought that was the end but then came LOVE in a stranger's face and took me to a place of healing. Thank you for LOVE that has time to stop and show that she is much greater than the words of FAITH and HOPE. Your LOVE is the everything for everyone and you are that Word that dwells in human flesh.

- **Tuesday October 10th**

**Read: Luke 10: 38-end**

Which YOU is visiting today, Lord. The Friend we know well and love or a stranger we have never met. Which YOU is standing at our door today? The one in need of food and drink? A homeless stranger wanting clothes or someone sick and praying for a healing touch? Which YOU is knocking at our door with a story to tell? May we dare open our door to Friend and stranger and invite you to join us in the kitchen where we can all hear your story as we prepare food for you to eat.

- **Wednesday October 11th**

**Read: Luke 11: 1-4**

Lord, I reach the end of this prayer so often but maybe if the end is where I begin my faith journey I might make more progress. So, Lord, lead us not into the temptation of seeing differences of race, faith, culture and tradition which are never forgiven and so we keep our daily bread for ourselves which prevents the coming of your Kingdom where your name is hallowed. Lord, we SAY the prayer from the beginning, but may we LIVE the prayer from the end and then say it again, and live it again until it is a prayer with no ending.

- **Thursday October 12th**

**Read: Luke 11: 5-13**

Lord Jesus, is it you knocking on my door because I can provide a friend of yours with bread for their journey? You, God's own Son, come to us as a Friend of ours, but our doors are so often locked and we want you to wait for a better time. Thank you that you don't give up and keep on asking for our help; always seeking the YOU in us and will keep on knocking until our door is opened. Sorry, Jesus, that we keep you waiting and the friends of yours are hungry for the bread we can give. Our Father knows what His children need, but if our door is locked the world remains hungry. May we open it today and see you in the Friend asking us to help!

- **Friday October 13th**

**Read: Luke 11: 14-26**

Lord, drive out the demons of pride and greed; doubt and fear for they are dividing your kingdom and bringing ruin to your children. Forgive us when people of different cultures are persecuted and we do not speak out because they don't think like we think. Forgive us when people of different faiths are abused and we don't speak out because they don't believe what we believe. Forgive us when foreigners are not welcomed and we don't speak out because they don't look like we look. Forgive us, Lord, when the authorities try to keep us out and we don't speak out because we fear what they will do to us. Lord, you created all people of all nations so help us knock down the divisions of religion and build a new relationship of trust in you.

- **Saturday October 14th**

**Read: Luke Luke 11: 27-28**

When we can love ourselves for who we are, the Word of God is being obeyed.  
When the neighbour is loved for who they are, the Word of God is being obeyed.  
When the stranger is welcomed whoever they are, the Word of God is being obeyed.  
When the Word of God is living within us, the will of God is being done.  
When justice refuses to be silenced, the will of God is being done.  
When love seeks no hiding place, the will of God is being done.  
When the will of God is being done, the Kingdom will come.  
May we be blessed as the Word of God lives within us and we become a blessing for all who see.

- **Sunday October 15th**

**Read: Matthew 22: 1-14**

Lord, you invite people from all corners of the earth to share in your feast and we come as your guests praying that we are dressed in the right clothes. We don't need to dress up, do we, Lord, with smart clothes which make us look better than we really are? The only clothes I have are those of compassion, kindness, humility, gentleness, patience and love which forgives all that has gone. Lord, we pray these clothes can be worn by everyone who comes to your feast so that we can eat together wherever we come from.

**West Midlands Synod**

### **Prayer for the 7th week of Prayer Preparation on the theme of the challenge of extremism and our response to it.**

- **Monday October 16<sup>th</sup> to Sunday 22<sup>nd</sup>**

God of abundance, forgive our shallowness. Help us to care for those who are desperately hurting because of the inhumanity of one to another. Amen.

Biblical Reflection: "Then Samson pushed with all his might, and down came the temple on the rulers and all the people in it. Thus he killed many more when he died than while he lived." (Judges 16:30)

"Then Elijah commanded them, 'Seize the prophets of Baal. Don't let anyone get away!' They seized them and Elijah had them brought down to the Kishon Valley and slaughtered there." (1 Kings 18:40)

- Two relatively random Biblical reminders that extremist terrorism is nothing new. Reflect on these and consider whether they say anything about some of the recent acts of terrorism that have hit our news headlines.

God of all, we confess our part in extremism, the times when we have let things go, failing to intervene as we should. Help us to seek and take opportunities of active caring. Amen.

- **Monday** – God of all comfort, we remember victims of extremism, and all those who are affected. Strengthen those who deal with the aftermath – and we give you thanks for the resilience that so often finds that glimmer of light in the darkest moment. Amen.
- **Tuesday** – God of forgiveness, who calls us to love our enemies, hear our reluctant prayers for those who are the perpetrators of extremism. As we seek to understand what drives them, we pray that they may see that there are better ways. Amen.
- **Wednesday** – God of all knowledge, we realise that, while some hit the headlines, many who need our prayers are simply unnamed and forgotten. Hear our particular prayers for victims of extremism in those parts of the world that seem to be more readily ignored. Amen.
- **Thursday** – God of love, forgive us our culture of blame. Forgive us our unreasonable phobias. Hear our prayers for those who get blamed for something they would never do and in which they wish no part. Amen.
- **Friday** – God of justice, help us to recognise the causes of extremism, both those that are justified and those that are not – and help us to work for a world in which peace and justice are properly valued and human beings respect each other as they should. Amen.
- **Saturday** – God of hope, we believe that things can change. We pray for the healing of those who are hurting from past experiences of terror. We pray for those who would still seek that as a way of advancing their cause. We pray for a world of love and joy and we pray in hope, because we believe it is possible. Amen.

For use by individuals:

For use in small church groups:

For use in community groups who use church premises:

For use in worship:

Eastern Synod 2017

- **Monday October 23<sup>rd</sup> – Sunday 29<sup>th</sup> October :For those who work at sea.**

Oh Lord God, in the beginning you created land and sea,

You gave us day and night,

You gave us times of work and times of rest.

Today we pray especially for those who risk their lives to keep us safe at sea,

Who go at a moment's notice to rescue ships both large and small that have got into trouble on our oceans;

Those who crew our life boats

Those who man our Air Sea rescue operations.

We pray for those who care for us as we live and play around our coasts;

The Coast guards,

The Life Guards on our beaches,

Those who police our seaside resorts.

We pray that you, who calmed the sea, may watch over those who battle rough seas.

We thank you that there are those who are willing to do these things for us and we pray that you will be with them, guide their paths and keep them safe as they seek to keep us safe.

In Jesus' name.

Amen

## **Prayer for the 9th week of Prayer Preparation on the theme “Strengthening relationships”**

This week the theme for Walking the Way is *Strengthening relationships*. Each day we shall explore and reflect on different types of relationships, and how they affect us and our relationship with God. The image we shall be using each day is a tree, with seven branches representing each day. Please feel free to use this tree template as your daily devotion as we explore relationships

**Each day will include:-**

**W – What does the Bible teach us?** A short passage will introduce the day.

**A – Activity.** Reflect on the passage and move towards the suggested activity.

**L - Listen and pray.** Each day will have a different piece of music/video to listen to.

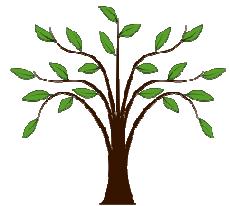
**K - Knowledge.** As you progress through the day, reflect on meditation and the relationships you have encountered; are they assisting or hindering your relationship with God and God’s people?

*Can be used for daily devotions, small groups and within worship.*

### **Monday October 30<sup>th</sup> :Enriching relationships**

**W** So encourage each other and build each other up, just as you are already doing.

Thessalonians 5:11



**A** Think about situations and people who have enriched your life.

- Look out of your window/ your office/ your home/ your church.
- Can you see people talking?
- Is the sun shining outside or is it raining?
- Are the leaves a rich colour of red or brown or green?
- Look at the world and your environment, or if possible go outside for a short stroll. But really look; beyond your sight, look with your heart. Use the tree template, and focus on the first branch, and add more leaves and acknowledge people who enrich your life.

**L** [https://www.youtube.com/watch?v=F6OV0k1yUJM&index=4&list=RD5Htrmq0g\\_Nk](https://www.youtube.com/watch?v=F6OV0k1yUJM&index=4&list=RD5Htrmq0g_Nk)

“Deep within” David Haas

Use the link above, listen to the music and bring before God all the people that have deepened your faith.

**K** Love is our true destiny. We do not find the meaning of life by ourselves alone - We find it with another.

### **Prayer**

*Lord, thank you for the many people who have given me holy moments to treasure.*

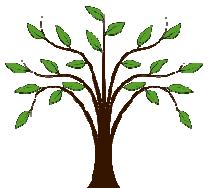
*In the myriad of ways your love and acceptance has enriched my life,*

*Thank you for the small ways you have made yourself known to me;*

*Thank you for the guidance you bring me;*

*Thank you for creation and its many colours and hues.*

*Enfold me with your love and grace this day. In Jesus' name Amen*



### **Tuesday October 31<sup>st</sup> :Challenging relationships**

**W** Never pay back evil for evil to anyone. Do things in such a way

that everyone can see you are honourable Romans 12:17

**A** Consider people and situations that have caused you anguish and restlessness, during your days and nights; or are you a challenge to people?

What does it feel like to be at odds with someone?  
Can you hear God speaking?

What comes to mind? Is it how you feel, or are your thoughts with the other person and how they are feeling?

Working through challenging and difficult relations, takes patience and forgiveness, and even though we may need to challenge a person or situation, we are called to be peacemakers. Use the tree template, and focus on the second branch, and add more leaves and bring before God people and situations.

L <https://www.youtube.com/watch?v=Skgc03R2wxg&list=RDSkgc03R2wxg#t=23>

## “Calm me Lord” Margaret Rizza

Open the link and listen to the music, and bring to God the people and situations that challenge you.

**K** Maybe we can't study, maybe we live with mental health issues, maybe we experience conflict in our families, maybe we are victims of violence or abuse. We didn't choose any of it, but these things are our crosses. We can ignore them, reject them, refuse them or hate them. But we can also take up these crosses and follow Jesus with them.

Based on words from Henri Nouwen

Prayer

Lord, I did not seek conflict or challenges, but they have found me.

In the midst of heated words, tempers and emotions rising,  
still my soul,  
calm me Lord,  
enable me to make decisions based on wisdom and love.  
And may your Loving Spirit be ever close to me.



Amen

Wessex Synod 2017

*Thank You...*

*Shirley, James and Ann Swan would like to thank all their friends at Sawston Free Church for their kindness and support following the death of Shirley's husband Dave. They would like to thank all those who attended the cremation service.*

Shirley



**Are you looking for ...**

- A place to meet for a coffee and light meal?
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  - A venue for a special occasion: birthday party, anniversary party, a reception after a wedding, funeral, baptism/blessing?
    - Cosy rooms for small groups: counselling
    - Rooms or places where people can meet & talk?
    - A quiet space for spiritual reflection & prayer?



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or contact Min Ong: minhuey.ong @papworthtrust.org.uk**

Rental costs are between £18 to £25 per hour, including tea and coffee making facilities. Full Café service available Mon-Fri 0900 to 1530 hours.

## Recipe For A Successful Mission

### How to make Polar Explorers Holiday Club 2017 - *Faith Paulding*

#### Ingredients:

Prayer	22 helpers	Media projector
Discussion	Sound system	More craft material than you can imagine
Planning	Songs	Assorted games equipment
Computer	Energy	A minister in a box
Paper	Love	Husky puppet
48 children	Care	Refreshments

#### Method:

1. Marinade prayer, discussion and planning for eight months
2. Use the computer and the paper to create an action plan, posters, flyers, letters, registration forms, a risk assessment, spreadsheets, safety protocols, policies, programmes, team lists, badges, activities, crafts, instructions, PowerPoint presentations, films, scripts and a whole lot of other things that you'll suddenly realise that you'll need to make it all come out OK in the end
3. Conduct a publicity and advertising campaign
4. Set up the sound system and media projection along with some gazebos and loads of furniture in a school
5. Assemble a cast of presenters including Random Finds, Sir Edmund Hilarity, Bare Feet, Super Snowflakes and Slip and Slide
6. Gently mix together the children and adults with all of the ingredients in 2. as well as the craft materials, games equipment and songs for one week
7. Introduce Peter, Stephen, Cornelius, Paul and Timothy, then talk about how 'nobody is too anything' to prevent them from becoming a follower of Jesus. No-one makes too many mistakes, no-one is too ordinary, no-one is too different, no-one is too bad and no-one is too young.
8. Give the minister in the box the puppet then take a short break to take in the smiles on the childrens' faces
9. Keep adding bucketfuls of energy and love and care and intermittently refresh everyone with cakes and drinks
10. ***The end result will be a delightful combination of fun and laughter as God's love is spread and the Good News that Jesus brings is shared***



## The Church Sets Out – The Early Years

(An extract from ‘A History of Sawston Congregational Church’ by Richard Ball published by Crampton and Sons in 1947)

We are unable to gather precise details of the state of religion in Sawston in the period prior to the year 1810. For several years preachers from neighbouring districts held monthly services in the parish, but their labours did not meet with any distinctive success. A desire for weekly meetings was expressed by a few friends, and these meetings aroused a deeper interest “the spirit of hearing was improved”.

A place of meeting was not as yet within the plan of the preachers, but a few local stalwarts found a barn situated in Common Lane where friends could meet for worship and edification. This barn, which measured 51ft x 16ft cannot be described exactly as a lordly place, nor the approach to it considered as a stately avenue, but here indeed was the King’s highway, and although a common lane, those who trod its paths were filled with the spirit of faith. On September 30<sup>th</sup>, 1810, the barn was formally dedicated to its noble purposes and many souls were gathered into the divine storehouse as a result of the labours of the faithful. It soon became evident that the building was too small to seat all who desired to attend, many being unable to gain admittance, and after prayerful consideration it was decided to erect a suitable house of prayer.

A piece of ground was given by a friend named Brown, and the brick building which is now named the Lecture Hall was built. In addition to the seats on the ground floor, a gallery was placed at one end, at the rear there was a vestry.

The erection of the Lecture Hall was met with “the greatest opposition imaginable”, but the faithful did not tarry; nothing daunted they went on with the good work.

The building work started in 1811 and March 22, 1812, the church was opened and dedicated to its high and great task of making known the crown rights of the Redeemer.

Shortly after the opening services the friends invited Mr Herbert Tyler, a student of Homerton College, London (close associations with Homerton, Cambridge) to become its student pastor. At the end of his 4 months service he was invited to the full pastorate, which he accepted.

Mr Tyler continued until July 24<sup>th</sup>, 1814. During his short ministry he welcomed several friends into fellowship, the membership increasing to 26.

At that time, friends who were associated with the Duxford Church but lived in Sawston or Pampisford, came into active and full membership with Sawston Church.

Upon his resignation, Mr Joseph Irons accepted as his successor and remained pastor until July 1818. During his ministry, certain names appear for the first time on the church roll and these names became familiar in Sawston: Thomas and Elizabeth Challis, William Churchman, John Wakefield and Charles Adcock. The membership rose to over 40.

## Dates To Remember

UNITED REFORMED CHURCH,  
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SUNDAY 1<sup>st</sup> OCTOBER 2017  
6.30pm

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ALL WELCOME

Followed by Refreshments

**Sawston Free Church**

**Harvest Festival**  
Sunday 15th October 10.30am

*followed by*  
**Bring & Share lunch**

*Donations of fresh produce and tinned & dried goods will be given  
to the JHC Foodbank & Jimmy's Night Shelter*



**Working with Science and Faith**

Emmanuel United Reformed Church  
Trumpington Rd, Cambridge  
Monday 16<sup>th</sup> October 2017  
7.15 for 7.45pm



Speaker: Professor Keith Fox, Associate Director  
Faraday Institute for Science & Religion

Cambridge Area Partnership  
Pastoral Advocates: David Lloyd, Revd Deborah McVey, Revd Catherine Ball  
M&M Advocate: Alison Jiggins

Sunday 1<sup>st</sup> October 10.30am  
Thursday 4<sup>th</sup> October  
Sunday 8<sup>th</sup> October 10.30am  
Saturday 25<sup>th</sup> November  
Sunday 3<sup>rd</sup> December 10.30am  
Sunday 17<sup>th</sup> December

Brigades Enrolment – David Lloyd BB Captain -SFC  
Elders Meeting - SFC  
Launch Christmas shoebox appeal – Rev Sam White leading  
St Mary's Christmas Fayre  
Christingle with Messy Church  
10.30am Nativity SFC

## Sawston Free Church

### Craft Group

We meet in the back hall of the Church on alternate Monday mornings between 10am and 12 noon. Everyone is very welcome, bring your own project of knitting, sewing or crochet or you can just drop in for a coffee and a chat.

Dates for October: 9<sup>th</sup> and 23<sup>rd</sup>.



We will be holding a table top craft sale on Tuesday 10th October from 10am to 1pm in the concourse of the Church near to the OWL cafe entrance. All proceeds will be for the benefit of the church funds.

Several friends of the craft group have been working hard so we hope to have a variety of things to offer. There will also be hats available which were popular last year for folk to include in the shoe boxes appeal.

Thank you for your support

For more information please contact **Yvonne** (01223) 473937 or **Pam** 834220

=====

### Wednesday Fellowship

We meet alternate Wednesdays from 2 – 4 pm in Sawston Free Church.

The meeting always commences with a Bible reading and prayers, followed by any notices.

New members are always very welcome both young and old. Please come along and join us for a cup of tea and friendly chat.

### The program for October

11 October - Harvest Service - everyone welcome

25 October - Blue Badge Guide with Robert Hill

Please contact **Janet Parr** for more information: 832840

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### Time For Tots at Sawston Free Church

#### Showing and Sharing God's love

Time for Tots is a church run group for babies and preschool children and their carers. During our weekly session there is time to play, make things, chat, have a drink and snack, have a bible story and sing some songs.

We meet on Thursday mornings between 10.30 and 12noon during term time. For more information  
Please contact **Rosemary**. Email: [timefortots@sawstonfreechurch.org.uk](mailto:timefortots@sawstonfreechurch.org.uk)

Another baby and toddler group you could go along to is Refresh - 2.pm-4pm every Monday (except bank holidays) in St Mary's Church. This is a 'drop in' session with refreshments and CAKE!

For more information please contact **Becca**. Email: [rebecca.r.herrick@gmail.com](mailto:rebecca.r.herrick@gmail.com)

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### Fund Raising Activities

At the next Sawston Winter Fair, we are hoping to have a table selling lots of different crafts.

We need anything crafty - jams, chutney, home made items etc.

This craft stall will be in addition to the stall with the free mulled wine and mince pies.

The proceeds will go to Church Funds since they are in great need of a boost.

Please contact Pauline Purdy if you are able to help or have any suggestions, Many thanks,

**Pauline.**



## CAMBRIDGE METHODIST CIRCUIT

### Events October 2017

For more details contact the Circuit Secretary: Mrs Miriam Webb  
Circuit Office: Wesley Methodist Church, Christ's Pieces,  
Cambridge CB1 1LG Office: 01223 352115 Email: [office@wesleycam.org.uk](mailto:office@wesleycam.org.uk) or  
[secretary@cambridgemethodistcircuit.org.uk](mailto:secretary@cambridgemethodistcircuit.org.uk) [www.cambridgemethodistcircuit.org.uk](http://www.cambridgemethodistcircuit.org.uk)

OCTOBER			
Sat 7 <sup>th</sup>	9.30am-4pm	Reimagine Conference – <a href="http://reimaginemethodism.wordpress.com">reimaginemethodism.wordpress.com</a>	St Ives MC
Mon 9 <sup>th</sup>	7.15pm for 7.45pm	Science Meets Faith: Creation not Creationism. What does the bible have to say to Science? With Dr Mark Harris, Edinburgh University. All welcome	Wesley MC
Mon 30 <sup>th</sup>	7.15pm for 7.45pm	Faith in the Arts: The Word and the Arts: A New Reformation with Revd Dr Tim Macquiban All welcome. Free admission. Retiring collection	Wesley MC

### Church Directory

Minister	Tel
Rev. Bruce Waldron	836786 07814 920187
<b>Secretaries:</b>	
Maggie Jones - Sawston	565637
Lynne Riecamsky – Lt. Abington	893295
Val Spencer – Castle Camps	892214
<b>Elders: Sawston</b>	
Mary Simuyandi	837433
Anne Nunn	832913
Susan Nunn	561956
Faith Paulding	574325
Mike Purdy	830903
Sue Sisk	833508
Sue Lelliott	520383
Chris Sales	473829
<b>Joint Treasurers:</b>	
Lynne Hays	871800
Terry Penny	833635
<b>Contact Editors</b>	
David & Anne Nunn	832913
Email: <a href="mailto:anne.nunn@btinternet.com">anne.nunn@btinternet.com</a>	
<b>Church Website:</b> <a href="http://www.sawstonfreechurch.org.uk/">www.sawstonfreechurch.org.uk/</a>	
<b>Facebook page:</b> <a href="http://www.facebook.com/SawstonFreeChurch">www.facebook.com/SawstonFreeChurch</a>	



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