

CONTACT

July 2018



Volume 59 - Issue 7

Sawston Free Church – Little Abington URC – Castle Camps URC

Sawston FC Regular Church Activities but please check diary below for full details or contact the relevant group.

Sunday	Every Sunday 1 st Sunday of month 2 nd Sunday of month 3 rd Sunday of month 4 th Sunday of month 5 th Sunday of month	10.30 am 3.00 pm 10.30 am 6.00 pm 6.00 pm 6.30 pm	Morning Worship Messy Church No evening service Holy Communion as part of Morning Worship Quiet Time with God Evening Communion Go4th Praise Service (No evening service
Monday	Alternate - see diary	10.00 am	Craft Group
Tuesday	Term time only	6.15 – 9.00 pm	Boys' and Girls' Brigades
Wednesday	Fortnightly see diary	2.00 pm	Wednesday Fellowship
Thursday	Term time only	10.30 – noon	Time for Tots
Saturday	Last Saturday of month	10.30 am	Monthly Prayer Meeting
For further details of these activities, please contact one of the Elders (see back page). Four housegroups meet regularly. For information contact the Minister or Church Secretaries.			

Three Churches Services and Dates for Your Diary

Date	Sawston	Lt Abington	Castle Camps
Sun 1 Jul	10.30am: Morning Worship - Rev Sam White 3pm: Messy Church	10.15am: Morning Worship - TBA	10.30am: Communion - Rev Bruce Waldron
Mon 2 Jul	10am: Craft Group (page 15)		
Wed 4 Jul	2pm: Wednesday Fellowship (page 15)		
Sun 8 Jul	10.30am: Communion - Rev Bruce Waldron 6pm: Quiet Time - Sue Sisk & Mary Simuyandi	10.15am: Morning Worship - Mrs Jane Mann	10.30am: Morning Worship - Mrs Wendy Roe
Sat 14 Jul	8am - Noon - Church Workday (page 15)		
Sun 15 Jul	10.30am: Morning Worship - Rev Bruce Waldron 6pm: Evening Communion - Rev Bruce Waldron	2.30pm: Communion - Rev Bruce Waldron	10.30am: Family Service - Rev Norman Setchell
Mon 16 Jul	10am: Craft Group (page 15)		
Wed 18 Jul	2pm: Wednesday Fellowship (page 15)		
Sun 22 Jul	10.30am: Morning Worship - Rev Bruce Waldron 6.30pm: Go4th : Waldron / Purdy	10.15am: Morning Worship - Mr Peter Sammons	10.30am: Morning Worship - Mr Bob Parkin
Sun 29 Jul	10.30am: Holiday Club Dedication - Rev Dr Mike Wilson	TBA	10.30am: United Service - URC Chapel - Rev Bruce Waldron
Mon 30 Jul	10am: Craft Group (page 15)		

This diary appears on the website. If you know of anything else you would like on the web diary, email: contact@sawston.com

Rotas

	Car	Flowers		Car	Flowers
Jul 1	John Conway 833953		Jul 15	Tim Sparrow 473937	Janet Parr
Jul 8	Tony Moss 834220	Julie Robinson	Jul 22	Tony Moss 834220	Helen Sharpe
			Jul 29	Helen Sharpe 834805	Janet Parr

The closing date for **August Contact** is **Monday 16th July**.

**David Nunn is the editor, so please email your items
to contact@sawston.com or anne.nunn@btinternet.com**

Contact

The monthly magazine of
**Sawston Free Church, Little Abington & Castle Camps URC's
United Reformed – Methodist**

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From the Minister's Desk



When people ask me, “What’s the point of being an Eco-church?” my answer is always the same. What we cannot achieve alone we can do together. What’s the point? People in concert encourage each other, inform each other, form a momentum you cannot form alone, resource each other and, together, send a message to the world. Drop a pebble in the fish pond and nothing happens. Drop a barrow-load and it does.

Voice after voice in the scientific, the environmental, the justice, international aid and the political scenes are telling us that this is the crisis of history like none other before. We are facing a terrible, disastrous future, another great extermination that will affect every species on this planet and bring about terrible suffering. If the churches are silent on this, what does it say about Christianity but that it is a quaint belief unrelated to the realities of life. We will be judged by generations to come.

Christians all over the planet are saying “NO!” to environmental irresponsibility. Our faith is also about honouring the ancient understanding that reaches back to Genesis 1 and 2, that we have a responsibility to God for this planet and all the creatures we share it with. But if Christian churches will not band together to make a strong voice on the environment, then we are relegating our faith, in many people’s minds, to fiddling while Rome burns.

I believe we have a divine imperative to speak loudly and strongly on changing our ways and protecting, not destroying, what God has given us. If as Christians we do not join together in this, in an organic way, then we are not going to have a voice, because united we stand and divided we fail. So I believe that being a part of the Eco-church movement is an essential part of our discipleship.

If we can find another way to make a strong, concerted voice in this matter, then I’m happy to do that but at this moment, Christians with a sense of responsibility to God have formed a group called Arocha and are banding together and asking us all to join that voice and raise it loudly for God. I hope I will find people in our churches willing to stand with me on this.

Bruce

From the Assembly of the URC,

It’s great news that over a hundred URCs have now registered for the Eco Church scheme, as well as there being twenty nine URC congregations participating in Eco-Congregation in Scotland. There is a dedicated web page on the URC website which introduces two programmes, with short videos of encouragement, courtesy of the Environmental Task Group and Kevin Synman: see <https://urc.org.uk/caring-for-creation>

July Front Cover

On the weekend of June 10th, Anne and I visited Chester and whilst we were there we tried to visit the Cathedral, but unfortunately there was a service in progress and we could not see inside.

In the Cloisters of Chester Cathedral lies a garden with many different floral species including ferns, arisaema, exotic and spring flowering bulbs, a collection of choice climbing plants, a herb garden, herbaceous plants, and specimen trees.

It is of interest throughout the year by virtue not only of plant species but the design, setting and a major sculpture **'The Water of Life' by Stephen Broadbent**. This is the photo I have used for this months cover.

The 'Water of Life' is a sculptural water feature that presents the life changing encounter between Jesus and the woman of Samaria, as told in John's gospel, Ch4.v14, celebrating the literal and spiritual, life-giving properties of water.

The circular shape brings the two figures face to face, lending intensity and tenderness to the encounter. Water flows continually from the shared cup, over the hands and into the pool in the dish below, from where the sculpture is illuminated, through the water.

Around this dish are the words: 'Jesus said **"the water that / I shall give will be an / inner spring always welling / up for eternal life."** John 4:14. The words are printed on the four sides of the sculptures plinth.

The sculpture was dedicated by the Dean of Chester Cathedral, Dr. S. Smalley, on 8th May 1994.

If you have a photo that you would like to see on the front cover, then please email a copy to me along with some narrative describing the picture. Hopefully this will prove to be popular each month.

David

John 4:4-14 New International Version (NIV)

⁴ Now he had to go through Samaria. ⁵ So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon.

⁷ When a Samaritan woman came to draw water, Jesus said to her, "Will you give me a drink?" ⁸ (His disciples had gone into the town to buy food.)

⁹ The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.)

¹⁰ Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."

¹¹ "Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water?" ¹² Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?"

¹³ Jesus answered, "Everyone who drinks this water will be thirsty again, ¹⁴ but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

Message From Castle Camps



Summer has arrived and the crops are burgeoning. For those of you who have holidays, we hope you have a lovely and refreshing time.

The first Sunday in July will be Holy Communion as usual, led by Rev. Bruce Waldron.

On the 29th July, we shall hold a United Service at the chapel, when we welcome our friends from the Church of England to our morning worship.

On the same day, we are holding our Summer Songs of Praise and we are hoping that Richard Hart will be our guest organist, together with the choir of St Mary's in Haverhill. This will be at 6.30pm, followed by refreshments and everyone is welcome.

As reported in last month's magazine, we are in conversation with the Castle Camps' Parish Council to have a defibrillator fitted to the wall of the chapel. This is progressing well and we hope to have the job completed shortly.

Rachel, granddaughter of the late Roy Haylock was married on 9th June. It was a joyous occasion and we wish her and James every happiness.

We were pleased to welcome Mary back after her spell in hospital and we send our best wishes to her.

We send you our best wishes for the summer and God's blessing to you all.

Val and Friends.

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Sawston Free Church - Update from the Elders meetings

As you will be aware, the Elders feel we need to let our members know more about what we do – that being an elder is not just about standing at the front of church. We play very key roles within our church and we should be more open about what we do. So we plan to report back to members after each Elders meeting. Some parts of our meetings have to be confidential so these are the edited highlights from our June meeting.

Café

Some discussion took place on the good progress with the Reimagining Task Group.

A service to mark the OWL café closing and to celebrate its life was planned for the 17 June. Elders offered help to plan this special service.

Chaplaincy Volunteers

There was a letter from Addenbrooke's appealing for volunteers. A copy of this letter is on the following page.

Holiday Club: Seaside Spectacular

There will be a meeting on this in the near future. Maggie has posters to be laminated and Faith has other publicity material. It is also to be advertised on social media.

Prayer Room update

Mary, Sue Lelliott and Sue Sisk have completed the redecoration and are now looking for some new seating for it.

Saltmine: Luther play

Bruce took a group of 10 to this production at the Mumford Theatre and those who went thought it was very good. A big success!

Summer Fete feedback

As an outreach we felt it was a big success. Maggie was concerned that a couple of the groups finished a little too early. Next year there may be a sandpit and singing included also.

(see page 7 for a detailed report)

Next year Mary suggested a short morning service on the day of the Fete at Spicers Field and then we can all spend more time out in the community. This form of outreach is so important. This will be discussed further at the July Church Meeting.

Visitors' Book

We have a new visitors' book due to changes with data protection laws. There is space on the pages for name and comments only but no address. Inside the front page there will be index cards with a note explaining a visitor may leave contact details on a card if they wish and place the card in the Gift Aid Box just inside the church. This will be administered by Bruce and Hazel.

Minute taker for Church Meetings

Pam Moss is to relinquish this duty after many years so we need to find someone to replace her. Special thanks to go to Pam. This will be brought to the July Church Meeting.

The following is a copy of the letter from the NHS – Cambridge University Hospitals, NHS Foundation Trust

Hospital Visiting

A Ministry for you?

Have you a few hours to spare a week? Do you like meeting people, listening to their stories and encouraging them on their spiritual journey? Then you might be able to help the Chaplaincy at Addenbrooke's Hospital. We are looking for lay visitors who will come in, adopt a ward and visit the patients on a weekly basis.

Regular 10 week Lay Visitors training courses are run by the Chaplaincy Department at Addenbrooke's Hospital, the next one starts on Thursday morning, 20th September 2018.

For further details and a registration form please contact the Chaplaincy Administrator.

**Box 105, Addenbrooke's Hospital, Cambridge, CB2 0QQ. Telephone: 01223 217769
or e-mail: chaplaincy@addenbrookes.nhs.uk**



Prayer Diary for July

Week 1

- Please remember particularly the Messy Church team at Sawston this Sunday afternoon.
- Please pray for all the arrangements for the Jubilee Centre Summer School which is taking place from 12th-15th July. Please pray too for their SAGE Graduate Programme, as we engage with those who will be taking part in this training and fill the final places, and as we finalise the planning and other details of the different components of the programme.

Archetypes Sculpture project

- Plans are moving ahead for the sculpture exhibition which will be set up in central Cambridge from July. We are calling it Archetypes and the artist, Liviu Mocan, is offering an interpretation of Revelation, Sacrifice, Belief, Transcendence and Destiny based on the five 'solas' of the Reformation. The unveiling of these sculptures should take place on Monday 23rd July. Please pray for all that needs to be put into place ahead of this event and that this occasion and the exhibition itself will attract many to consider the cultural and spiritual significance of the themes and the deep biblical truths the sculptures express.

Brigades Summer Programme

- During the Summer, the 1st Sawston Brigades are engaged in a special programme of excursions and activities, leading up to our breakup. At the conclusion of this first week, the Brigades will be holding their Annual Camp at Duxford. Please pray for the leaders and children that they will have an inspired and safe time.

Week 2

Footprints Café

- In this week, please pray for the people who are creating the Footprints Café. Somewhere around now, the Café will be opening. Its aim will be as it was when the OWL Café was first created in 2003, to be a place where people of all ages and abilities can come together, a community space based on a Christian aspiration that all people are of equal value to God, and a place of safety and love to all who come. Please pray for the Executive, the staff, the volunteers and the people who come.

CamCrag

- CamCrag stands for the Cambridge Convoy Refugee Action Group. It is a bunch of people who want to do something practical for those people whose lives have been torn apart by war as it has ripped through their homes, conscripting young men on pain of death into fighting for causes they despise, using women and children and murdering those who oppose. Often they have nothing, and yet the meagre possessions they have, the tents and sleeping bags, shoes and coats donated, are being destroyed on order by the gendarmes, brutalizing both refugees and police. Please pray throughout this week for these sacrificial, dedicated and passionate people who act on behalf of compassion. And if you have any tents or sleeping bags you can spare, please donate them.

Week 3

Sunday 15th. Rural Mission Sunday

- We are committed this week to praying for our farmers. Many are facing uncertainty over export crops with Brexit looming, and this is a very busy season for farmers tending the growing crops. Rural depression and suicide is at alarming levels and so we pray for counsellors and advisors striving to help farmers who are in distress.

Sunday 22nd. Service of Thanksgiving for Pets and their Families

- At 3pm on Sunday people will gather with their pets for a service of thanksgiving. Please pray, this week, not just for people with their pets, but for those grieving the death of a pet, those who give their professional lives to caring for discarded and brutalised animals, and those who pour out their resources in supporting animal welfare organisations.

Week 4

Holiday Club

- During this week the final preparations are being made for the Seaside Spectacular Holiday Club. Please pray for all of the volunteers and supporters, and particularly for Faith Paulding and Nicola Grieves who are the joint driving force, organisers and leaders of this ever more popular venture. Please stop and pray for them every day.
- For all those going on holidays in the coming week, pray for their safe travel and not to forget, while on holidays, their faith and worship. Pray for our churches to be places of welcome to those who come to visit while on leave.

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THE CAMBRIDGE METHODIST CIRCUIT

Circuit Office: Wesley Methodist Church, Christ's Pieces, Cambridge CB1 1LG 01223 352115
Email: office@wesleycam.org.uk www.cambridgethodistcircuit.org.uk

July			
Friday 6 th	5.00pm - 7.30pm	Annual Strawberry Fair. Delicious buffet, barbecue, and of course strawberries and cream. The event includes games and various stalls to support this year's charities of Little Owls, Methodist Church and the Arthur Rank Foundation. All welcome, admission by a voluntary contribution to the Foodbank.	Haslingfield Methodist Church
Sunday 15 th	3.30pm – 5.30pm	Messy Church Explore the theme of the 'Good Samaritan' through craft, play and stories. For accompanied children and adults. A meal will be provided. For further information please contact: Sheila Elcock: rs.elcock@btinternet.com or Gill Grainger on 01763 242682 First trial session at Royston	Royston Methodist Church
Saturday 21 st	3pm - 5pm with Service at 5.15pm	Friends of Wesley House: The Garden Party this year will be held on Saturday 21 July from 3.00 to 5.00pm, followed by the Annual Service in the college chapel at 5.15pm. Tickets for the Garden Party, including a bowl of delicious strawberries and cream, are now on sale (at the same price as last year) in the college and church offices and via Eventbrite, at £12.50 for members of the Friends and £15 for non-members. Tickets will be on sale after this morning's service.	Wesley House Cambridge

Sawston Fete



Our church tent at Sawston Fete was a great success. The photo was taken at the setting up stage, so it does not show the buzz which surrounded it as the day progressed.

Many thanks to all who set the tent up in the early morning and took it down at the end of the day. Also for the notices and banners which were used to publicise the various ministries within the church and to the community.

We had a fantastic team of people during the day to talk to the visitors who came inside the tent to see what was going on.

For those of you who did not make it to the fete, this is what you missed!!

- The Craft Group demonstrated their amazing talents and had a steady flow of people to talk to.

- Messy Church was there, manned by Matthew who did two Messy Science experiments which were very messy and lots of fun. Adults as well as children enjoyed these. Also, there was a table with lots of pens and paper for children to do colouring and drawing.

- Time for Tots was at the front of the tent with tables with playdoh and shape cutters. This was very popular and crowded the whole day.

- A Prayer Area was set up at the back of the tent and used by people who wrote private prayers and put them in a box. These prayers were offered up to God during the following Sunday service. Some people just wanted to spend a few minutes telling one of us how they felt or what life was like at the moment.

- The Brigades were handing out leaflets to families about who they are and all the exciting activities they do.

- There was also a sitting area at the back of the tent where people could just sit and rest out of the sun and where babies could be fed. This was very appreciated by some users.

Many thanks to everyone who came to support the tent and talk to the many people who came to visit, you were very welcoming. But the main thanks go to Valerie, Maggie and David for organising us. Well done you!!!

And Thank You God for such a lovely day and being with us in the tent, giving us the opportunity to meet so many lovely people.

Mary and Sue.



The Holy Habit Of Breaking Bread

Paul Whittle

March Meeting Saturday 17 March 2018

One of the helpful approaches to “*Walking the Way: living the life of Jesus today*” is to consider the development of holy habits. Here we are going to consider the Breaking of the Bread.

We have all sorts of names for it these days – Holy Communion, the Lord’s Supper, the Eucharist, the Mass – it doesn’t really matter what you call it. It is a matter of sharing bread and wine and, through that, remembering how God shows great love for us in all that Jesus has done.

When I was a child, it was all something of a mystery. In the Baptist Church where I grew up, the Lord’s Supper was for grown-ups. The service came to its end, and those who were not involved, for whatever reason, left and those who were stayed. I didn’t really know what happened in this separate little extra service, just that it happened once a month or so.

Later, as I began ministry in my first church, Communion was a really big thing. It was a big event, once a quarter, because that is how often we celebrated it. That made it important. Then I went to London – and there I discovered that everyone could take part, the children so long as their parents had agreed. After that I got involved with the Church of England, in a Local Ecumenical Partnership, and I became minister of a United Reformed Church that had formerly been part of the Churches of Christ tradition, and so we celebrated Communion weekly. Indeed, because I was the minister, there were some Sundays when I celebrated Communion three times – and so I have learned that Communion can be so special that we only celebrate it rarely, perhaps once a quarter, and that Communion can be so special that we simply must celebrate it every week. As with the whole approach to holy habits, it is not that one is right and one is wrong – it’s a question of context and of different perspectives.

All of the holy habits are unique. They each have their special element. That is certainly true of this holy habit. With some holy habits you can just get on and do them by yourself. With some it is about engaging with others. Communion, for me, is a very intimate thing. It has a strong personal element. It is part of my relationship with God, but it is also always a communal thing. It is something that I do together with others.

How did it start? Mark’s account of that comes in chapter 14, verses 22-25. *While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, ‘Take, this is my body.’ Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, ‘This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God.’*

It is all so familiar and yet, every time, it is all so special. So what is there to say about our celebrating Holy Communion? How can it be used to help our broader adoption of holy habits?

Firstly, I want to note the fact that we often talk about celebrating Holy Communion. It is a celebration. But I wonder how obvious is that note of celebration?

Celebration should be at the core of our lives as Christians.

The prophet Nehemiah wrote: *The joy of the Lord is your strength*. The angels announced the birth of Jesus, saying: *I am bringing you good news of great joy for all the people*. Joy is one of the fruits of the Spirit. Richard Foster concludes his classic book "**Celebration of Discipline**" with a chapter on celebration. Amongst other things, he says this: *"Celebration adds a note of .. festivity .. to our lives. After all, Jesus rejoiced so fully in life that he was accused of being a wine-bibber and a glutton. Many of us lead such sour lives that we couldn't possibly be accused of such things. Celebration gives us perspective. We can laugh at ourselves. We come to see that the causes we champion are not nearly so monumental as we would like to believe. In celebration the high and the mighty regain their balance and the weak and lowly receive new stature."* So what are you going to celebrate over the next hour, the next 24 hours, and over the next week, the next month?

The second key element that I want to highlight within the holy habit of breaking the bread is story-telling.

One way or another, every time we engage in this special act we retell the story. In our tradition, we do that by reading one of the Biblical accounts of how it all started, either Paul's description in his letter to the Corinthians or one of the Gospel accounts. But there are all sorts of ways in which the story can be told.

Stories are great, and story-telling is great. We all do it, even if we don't think we do. Did you hear about ...? The other day I was ... and so on – and when we hear such a phrase we wonder what's coming. The re-telling of the story is part of the breaking of bread. How ready are we to tell the stories of the good things that God has done for us?

I recently watched the first part of the film '*Pollyanna*' – and I was intrigued by the 'game' that she kept introducing, especially to grumpy folk. She challenged them to complete the sentence, 'I am so glad that ...' or 'I am so lucky because ...' Maybe we should try completing the sentence, 'I find God so wonderful because' 'Let's tell the story, the stories of how God has affected our lives.

Then, thirdly, I want to say something about thanksgiving. When we talk as we do sometimes about the Eucharist. That is quite literally the thanksgiving. That is what the term means. Thanksgiving is a central part of the Communion service, the breaking of bread, whatever we want to call it. It is good if we can let that spill over into the rest of life. Do you live, thankful for what you have; or do you live grumpy, because of what you don't have? The booklet in the 'holy habits' series that looks at this particular holy habit talks about 'eucharistic living'. I like that and how it is explained by a couple of comments in the booklet.

Eucharistic living is about being open to receive the gifts of God through both the dark and light, through the creative and destructive, through the essential otherness of those who are different. It is about an openness to receive that includes the possibility of transformation. It is about gratitude. We should be living as thankful people.

Fourthly, I want to talk about remembering. 'Do this in remembrance of me.' It is fascinating how remembering has caught on. Commemorations have a large part to play in reminding and inspiring us. What are the things that you remember that have an effect on how you are now?

What do you do with the damaging memories and what about the encouraging ones, the inspiring ones?

Fifthly, we think about sharing. We share the bread and the wine, and that is symbolic of all the things that we share. But it also raises the question about what it is that we are prepared to share – and what are the things that we don't want to share.

I have a favourite story about sharing. It's about two little lads. Let's call them Billy and Tom. They were good friends and they knew about sharing. One day they got into a conversation about it. 'Would you share it if you had a thousand pounds?' Billy asked Tom. 'Course I would,' he replied. 'And what would you do if you had a hundred pounds?' 'I'd give you fifty.' 'And what about if you had a hundred marbles?' 'I'd give you half.' 'And what if you had two marbles?' a pause. 'That's not fair. You jolly well know that I have got two marbles.' Amusing, but amusing because it is so close to reality. How do we get on matching practice to theory? How ready are we to really share?

Then the last thing I want to take from this holy habit – the going out.

The Breaking of Bread, Holy Communion, the Lord's Supper, comes to an end and we need to go and be God's people in the world around us. That can be a big challenge. But we need to let our holy habits direct how we live. One of the things that we note about Jesus is that he often seemed to be having a meal with one person or another, and it didn't seem to matter to him with whom he shared the table. As we think of some of those occasions when Jesus ate with others, may we be challenged to think about where we should be going when we go out from the special moment to the ordinary – and challenging world.

A question: what is the most important moment in the Communion service for you? Or, if that is too deep or too personal, how can this holy habit help you in walking the way, in living the life of Jesus today?

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When GOD solves your problems

When GOD solves your problems, you have faith in HIS abilities.

When GOD doesn't solve your problems, HE has faith in your abilities.

One may observe God's accuracy in the hatching of eggs...

those of the Canary in 14 days;

those of the Barnyard Hen in 21 days;

Eggs of Ducks and Geese in 28 days;

those of the Mallard in 35 days;

Eggs of the Parrot and the Ostrich hatch in 42 days.

(Notice, they are all divisible by seven, the number of days in a week!)

See God's Wisdom in the making of an Elephant...

The four legs of this great beast all bend forward in the same direction.

No other quadruped is so made.

God planned that this animal would have a huge body...

too large to live on two legs.

For this reason He gave it four fulcrums so that it can rise from the ground easily.

The Horse rises from the ground on its two front legs first.

A Cow rises from the ground with its two hind legs first.

How wise the Lord is in all His works of Creation!

Each Watermelon has an even number of stripes on the Rind.
Each Orange has an even number of segments.
Each ear of Corn has an even number of rows.
Each stalk of Wheat has an even number of grains.

Every bunch of Bananas has on its lowest row an even number of Bananas,
and each row decreases by one,
so that one row has an even number
and the next row an odd number.
Amazing! There's more...

The Waves of the Sea roll in on shore
Twenty-six to the Minute in all kinds of weather.

All Grains are found in even numbers on the stalks..

God has caused the Flowers to Blossom at certain specified times during the day.
Linnaeus, the Great Botanist,
once said that if he had a Conservatory
containing the right kind of Soil, Moisture, and Temperature,
he could tell the Time of Day or Night
by the Flowers that were Open and those that were Closed.

The Lives of each of us may be ordered by the Lord
in a Beautiful Way for His Glory,
if we will only Entrust Him with our Lives.
If we try to Regulate our own Lives,
we will have only Mess and Failure.

Only God, who made our Brains and Hearts,
can Successfully Guide them to a Profitable End.

When you carry the Bible, Satan has a Headache;
when you Open it, he Collapses.
When he sees you Reading it, he loses his Strength,
and when you Stand on the Word of God, Satan can't Hurt you!
And did you also know...
Life without God is like an Unsharpened pencil - it has no Point.

I pray God will bless you in ways you never even dreamed.

Anonymous

With thanks to Helen Sharpe



1st Sawston Boys' and Girls' Brigades



Summer Camp

This year's Brigades summer camp will be at the Duxford Scout hut on the weekend of 6th to 8th of July. Unlike previous years, this will be open to every age group, from the youngest to the oldest. The older sections (11+) will be under canvas, the younger groups will be sleeping indoors. Those who are not yet 8 years old will be welcome to join us during the day but not to stay overnight.

We are planning a whole series of activities over the weekend, from a climbing wall to campfire cooking to a caving scramble. We will circulate a full schedule nearer the time so that younger children can come along for the different parts. We will also expect everyone to take a full part in all of the routine tasks too, everything from cooking meals to tidying away and, yes, washing up! (But if everyone gets involved, nobody will need to do too much.)

Rough Timetable:

Friday	7pm	- arrive at Duxford Scout Hut
	10pm	- lights out!
Saturday	-	- a full day of activities, fun and excitement, good food, great company, fresh air and sunshine.
Sunday	12pm	- Parents welcome for Sunday lunch, collect children and take them home.

At the start of the year we had a really good turnout for the Clip 'n' Climb event, with quite a number of friends coming along. We would be happy to welcome friends to this camp, but we would expect people to come along for a number of regular Brigades evenings beforehand, since it helps a lot to get to know people a little ahead of a whole weekend together.

We have staff who are qualified and experienced in everything that is involved, however if you are free to come along for some or all of the camp it would be great to hear from you. (One advantage of having a camp so close to home is how people can come along for part of the weekend and then slip back home.)

The cost of the weekend is £30, which includes all food, accommodation and activities. The preparation evening was on Tuesday 26th June (7pm) but if you missed this and have some questions then please contact Lucy or David.

Many thanks

Lucy & David

1st Sawston GB and BB Captains

Mary Mallon [1] was a household cook in New York. Between 1900 and 1907 she worked for at least seven families. When members of the family became ill with typhoid, Mary would leave and take work elsewhere, leaving no forwarding address. Over her career, she is thought to have infected over 50 people with typhoid, of whom at least 3 died. In 1906 George Soper, a medical researcher, identified Mary Mallon as the link between all the outbreaks and he tracked her down. She refused to deal with public health officials. Finally, in 1907, police officers took her into custody. She resisted undertaking not to work as a cook, and was detained in an isolation clinic on North Brother Island, New York, for three years.

She was released In 1910, after providing the undertaking. Initially she complied, but when she again took work as a cook (under the name 'Brown') the old pattern was re-established. Soper meanwhile had published his research, and Mary had become notorious. In 1915 she took a job in a hospital for women where two died of typhoid. She was traced, and returned to North Brother Island, where she remained until her death in 1938.

Mallon herself was in perfect health. She was an asymptomatic carrier - she carried the disease without any symptoms of it herself.

.....

There is currently an Ebola virus outbreak in the Democratic Republic of the Congo. Ebola is transmitted through physical contact, and the exchange of body fluids such as sweat through such activities as handling the bedding of infected people. During the 2014-16 outbreak in West Africa more than 11,300 people died. There is no known cure, and only experimental vaccines.

In May, there was an outcry when three people in isolation in hospital and suspected of the disease were taken to church by their families. Two of the three subsequently died of the disease. [2] Health agencies were outraged at this undermining of all their work to contain the outbreak. The families argued that people went to hospital voluntarily, and that hospitals were not prisons.

Should people suspected of having Ebola virus be compulsorily detained in hospital? Or should they be allowed to go to church, to receive the laying on of hands, and to greet their fellow worshippers with the kiss and the handshake of peace (or maybe death)?

.....

At Matt 18: 1-7, Jesus makes it clear that to deliberately expose the vulnerable to harm is grievous to God. We are blessed to live in liberal democracy, not a fundamentalist dictatorship. There are many things Christians believe to be grievous to God that escape the attention of the law. But should knowingly exposing others to deadly diseases be one of them?

Remember Daryll Rowe? In 2017, he was convicted in Lewis Crown Court of five counts of causing grievous bodily harm by having sexual intercourse when knowing himself to be infected with HIV. [3]

[1] https://en.wikipedia.org/wiki/Mary_Mallon

[2] <http://www.bbc.co.uk/news/world-africa-44229346>

[3] <https://www.bbc.co.uk/news/uk-england-sussex-43807662>

Christian Aid



Thank you to everyone who donated so kindly to our car boot sale at Trumpington Park and Ride. We were able to run two boot sales as we had so much to sell. The total raised from the two sales amounted to £303.00. Thank you so much for all your generosity.

The worst part about the sales is getting up early!! We have to be there for 6am so getting up early means a good pitch! The organisers kindly donate our pitches so we do not have to pay and we are grateful to them for this.

Once we are set up it is quite fun and we meet all different nationalities and get a few donations to Christian Aid along with our sales. Most people seem to be aware of Christian Aid and that is helpful. Someone offered to bring goods next year that she had turned out for the sale!! We haven't got that far ahead yet!!

Thank you again for all you have given.

Pam, Tony, Mary and Rosie.

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SEASIDE SPECTACULAR HOLIDAY CLUB

**30th July – 3rd August 2018
9.30am-3.30pm
at Bellbird Primary School**

**Christians
Together in
Sawston**

Holiday Club is on the horizon again and this year we're going to the seaside! For five days primary school children (from end of Reception up to Year 6) will be meeting up with Jesus and His friends on the beach to find out 'What does a disciple need in their bucket'!

Sawston Free Church

Craft Group

We meet in the back hall of the Church on alternate Monday mornings between 10am and 12noon.

Dates for July: 2nd, 16th and 30th.

For more information please contact **Yvonne** (01223) 473937 or **Pam** 834220



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Wednesday Fellowship

We meet alternate Wednesdays from 2 – 3.30 pm in Sawston Free Church.

The program for July:
4 July - Members Summer Outing
18 July - The Wheelchair Toddler with Ruth Everard

New members always welcomed. No joining fee. Pay £2 per fortnightly session. Enjoy a talk, cup of tea and a biscuit. Please contact **Janet Parr** for more information: 832840

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Flower Rota

I am delighted to say we now have another volunteer to go on the flower rota - Vivien Ford. If there are any dates where Vivien is the co-ordinator – then, please have a word with her if you would like her to arrange on your behalf, or if you would like to arrange your own flowers. This brings our team to 5 but we are always looking for more volunteers to join us, so if you, or you know of anyone then please have a word with Janet Parr.



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Time For Tots at Sawston Free Church

Showing and Sharing God's love

Time for Tots is a church run group for babies and preschool children and their carers. During our weekly session there is time to play, make things, chat, have a drink and snack, have a bible story and sing some songs.

For more information please contact **Rosemary**. Email: timefortots@sawstonfreechurch.org.uk



Another baby and toddler group you could go along to is Refresh – 2pm-4pm every Monday (except bank holidays) in St Mary's Church. This is a 'drop in' session with refreshments and CAKE!

For more information please contact **Becca**. Email: rebecca.r.herrick@gmail.com

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Church Workday – July 14th - 8am till noon

Please come and help keep our premises looking good.

There are various tasks to suit all talents and capabilities from painting to gardening, and a chance for a chat over cake and coffee.

Please let me know if you can come it really helps me to plan the work.

Thank You Gordon (833983)



Church Directory

Minister		Tel
Rev. Bruce Waldron	The Manse, 3 High Street, Sawston Email: revbruce@sawstonfreechurch.org.uk	836786 07814 920187
Secretaries:		
Maggie Jones - Sawston	21 Hillside, Sawston	565637
Lynne Rieicansky – Lt. Abington	7 Meadow Walk, Great Abington	893295
Val Spencer – Castle Camps	20 South Road, Abington	892214
Elders: Sawston		
Mary Simuyandi	28 New Road, Sawston	837433
Anne Nunn	10 London Road, Sawston	832913
Mike Purdy	42 Granta Road, Sawston	830903
Sue Sisk	63 Babraham Road, Sawston	833508
Sue Lelliott	26 Park Road, Sawston	520383
Chris Sales	2 Edinburgh Avenue, Sawston	473829
Joint Treasurers:		
Lynne Hays	Baggot Hall, Station Road, Harston	871800
Terry Penny	April Lodge, 81 Brewery Road, Pampisford	833635
Contact Editors		
David & Anne Nunn	10 London Road, Sawston Email: anne.nunn@btinternet.com	832913
Church Website:	www.sawstonfreechurch.org.uk/	
Facebook page:	www.facebook.com/SawstonFreeChurch	

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 or contact Terry or Beryl Penny – 07532 081221

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